

*You are not alone.
There are people here to support, listen,
and help you discover your choices.*

Commonly Used Community Organizations

Childcare Opportunities Resource Development Center	1-800-834-4378
(Childcare referrals; training, technical assistance for childcare providers)	www.childcareopportunities.org
Community Health and Counseling Services (Adult, child & family services)	1-207-667-5357
(Outpatient mental health, case management services, therapy services, medication services)	www.chcs-me.org
Department of Health and Human Services (Child abuse reporting, access all state programs) .	1-800-432-7823
Adult Protective Services	1-800-624-8404
Downeast Health Services	1-800-492-5550
(Family planning program, medical services, WIC services)	www.downeasthealth.org
Maine Coast Community Dental Clinic (MaineCare)	1-207-667-0293
Eastern Area Agency on Aging (Adults caring for related children)	1-800-432-7812
(Adults & seniors with disabilities, referrals & assistance, caregivers)	www.eaaa.org
Ellsworth Free Medical Clinic (Uninsured, underinsured, immunizations, medication assistance)	1-207-667-7953
Emmaus Center	1-207-667-3962
(Family, individuals, homeless shelter, dry & drug free)	www.emmaushomelessshelter.org
Faith in Action (Volunteers-general services for elderly)	fia@gwi.net 1-207-664-6016
H.O.M.E. (Variety of basic needs services)	1-207-469-7961
Hancock County Home Care and Hospice (Medicare, skilled homecare)	1-207-374-5510
Hospice of Hancock County	1-888-266-8035
(Volunteer support, home & nursing home, including children)	www.hospiceofhancock.org
Maine Sea Coast Mission	1-207-288-5097
(Pastoral services plus, youth development, Island healthcare services)	www.seacoastmission.org
Emergency fuel assistance	1-866-207-4010
Neighborcare (Volunteer services for individuals, families, free medical equipment)	1-207-374-2273
Open Door Recovery Center (Substance abuse treatment, outpatient)	1-866-783-3271
Social Service Office Blue Hill Memorial Hospital	1-207-374-3492
Tree of Life (Food pantry, Th. 9am-3pm) Turnstyle (Used clothing, Tu/Th/Sa 10am-3pm) . . .	1-207-374-2900
Washington Hancock Community Agency	1-207-664-2424
(Transportation, fuel assistance, prescription assistance information plus, small business assistance)	
Friendship Cottage (Caregiver Resource Center for adults)	1-207-374-5612
Fuel Assistance (8am-to noon)	1-800-828-7544

Emergency (Immediate) Crisis Connections 24 hours a day/7 days a week

Child Abuse and/or Neglect (Suspicion of physical, sexual or emotional abuse)	1-800-452-1999
Downeast Sexual Assault Services	1-800-228-2470
(Absolutely confidential)	www.downeasthealth.org
Hancock County Sheriff's Department (Imminent danger call 9-1-1)	1-207-667-7576
Helpline (Mental health crisis services for youth, adults & family, including hotline & mobile) . .	1-888-568-1112
Northern New England Poison Central (Confidential hotline)	www.nnepc.org 1-800-222-1222
Runaway	1-800-786-2929
(National - youth in crisis, parental referral, confidential message service, home-free service) . . .	www.1800runaway.org
Shaw House Teens Shelter (Safe haven, homeless shelter)	1-866-561-7429
The Next Step (Services strictly confidential)	1-800-315-5579
(Domestic violence - verbal, mental, physical - legal advice, shelter)	www.nextstepdvproject.org